

	DELMAR POLICE DEPARTMENT	
	Policy 10.3 Exercise Facility	
	Effective Date: 07/01/14	Replaces: N/A
	Approved: <u>Ivan Barkley</u> Chief of Police	
	Reference: N/A	

I. POLICY.

It is the policy of the Delmar Police Department to encourage all personnel to maintain a proper level of fitness as required by the physical demands of the job. The Delmar Police Department will make reasonable efforts to provide exercise opportunities for its personnel. Such efforts are subject to budgetary, building, equipment and other resource limitations.

II. PURPOSE.

To serve as a basis for behavioral management for members of the Delmar Police Department and other individuals as authorized by the Chief of Police who utilize the Delmar Police Departments exercise facility.

III. PROCEEDURE.

- A. The Delmar Police Departments exercise facility is located on the second floor of the police department. Members of the department may be allowed to use the weight room at any time during non-working hours. All personnel of the Town of Delmar, including any other authorized persons are subject to any rules and regulations which may be printed, posted and/or disseminated in any other medium to personnel who use the exercise facility. Gym usage is a privilege, not a condition of employment, and permission to use the exercise facility may be withdrawn from individuals or from groups of individuals at any time, for any reason or for no reason at all.
- B. Access to the Delmar Police Department is controlled 7/24/365. Individuals other than departmental employees who wish to use the exercise facility outside of normal business hours may be granted access only when the police facility is occupied by a member of the police department. Non-departmental personnel shall immediately exit the facility when departmental personnel have to vacate the premises.
- C. Persons who are authorized to access the exercise facility are not to provide access to any non-town employee(s) unless they are accompanied by an employee of the town. Personnel who desire to bring guest are responsible for their guest and must be present with their guest while they are in the facility. Additionally, persons who bring guest to the exercise facility are responsible for their guest's behavior.

- D. Access to the gym is for the most direct path to the exercise facility. Personnel are not to “wander” about the building. Restroom facilities (one for males & one for females) and water bottle cooler are located within the gym and are readily available for use.
- E. All non-departmental personnel are required to notify a member of the department prior to leaving the facility. Upon leaving the facility, all persons shall clean “used equipment”, and ensure that all electronics and light are turned off.
- F. Prior to using the exercise facility all non-departmental personnel are required to sign a liability waiver. (DPD Form 10.3)